



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER DONE RIGHT

Summer Day Camp Curriculum Info For Parents



The YMCA of Metropolitan Dallas has an exciting curriculum lined up for your child(ren) this summer! Campers get to experience the best of science, arts and crafts, theater, field trips, sports, cooking, swimming, team building and games—all in an action packed day camp experience!

Our camp focus is on **Belonging**, **Achievement**, and **Relationships**. Camp activities such as **Opening & Closing Ceremonies** and **Huddles** are designed to give kids a chance to build friendships and positive relationships; in a safe setting where they truly belong.

During the week campers get to experience a **Mastery** activity where they become masters at a chosen activity—such as archery, cup stacking, hula hoop, discs, knot tying, lanyards, and more!

A variety of **Activities** occur throughout the summer; kept fresh and centered around a weekly theme. Campers also have time in their small groups to have **Camper Choice** where groups get to pick their activities such as nature hikes, dance, sports, or arts & crafts!

Example Schedule *Times are approximate.*

	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00-9:00	Pre-Camp Activities	Pre-Camp Activities	Pre-Camp Activities	Pre-Camp Activities	Pre-Camp Activities	
9:00-9:15	Opening Ceremony	Opening Ceremony	Opening Ceremony	Opening Ceremony	Opening Ceremony	
9:15-10:00	Activities	Activities	Field Trip	Activities	Activities	
10:00-10:30	Snack & Huddle	Snack & Huddle		Snack & Huddle	Snack & Huddle	
10:30-11:30	Mastery	Mastery		Mastery	Mastery	
11:30-12:00	Activities	Activities		Activities	Activities	
12:00-1:00	Lunch & Service Crew	Lunch & Service Crew		Lunch & Service Crew	Lunch & Service Crew	
1:00-3:00	Swim Time (1:30-3:30)	Activities		Activities	Activities	
3:00-3:30	Snack & Huddle	Snack & Huddle		Snack & Huddle	Snack & Huddle	
3:30-4:15	Activities	Activities		Activities	Activities	
4:15-4:30	Closing Ceremony	Closing Ceremony		Snack & Huddle	Closing Ceremony	Closing Ceremony
4:30-6:30	Post-Camp Activities	Post-Camp Activities		Post-Camp Activities	Post-Camp Activities	Post-Camp Activities

Themes
Check your specific camp calendar for weeks and field trips!
Question, Explore and Create
DINO-MITE!!
Under the Big Top
Follow the Clues
Super Campers!
Animal Adventures
Knights and Dragons
Fitness Fun
We Got the Beat!
A Pirate Life for Me
The Art of Magic
Mythical Creatures



Campers are recognized throughout the week for their achievements and for demonstrating the Y Core Values: Caring, Responsibility, Honesty, and Respect, by receiving **Ties** ribbons which are added to the camp display!

Weekly Themes

Each week of camp is a different theme with a variety of experiences! Themes are brought to life through dress up days, themed activities and games, and themed field trips!

Day Camp Creed

Today I will strive to be caring.
 Accept responsibility.
 Show respect to all others.
 Be honest in all I do
 And have fun!

The camp creed is recited daily at the opening ceremony.

Activity Examples

Here are some of the great activities your child may be experiencing this summer!

- Marble Roller Coaster
- Create a Flip Book
- Edible Inventions
- Invent an Exciting New Game
- Hatch Dinosaur Eggs
- Dinosaur Silhouette
- T-Rex Tag
- Silly Dinosaur Poem
- Cotton Candy Playdough
- Clown Face Painting
- Juggling
- Apple Carousel
- Mystery Bag STEM Challenge
- Exploding Marshmallows
- Mystery Paint
- Laser Maze
- Superhero Slime
- Superhero Sandwich Roll
- Captain America Shield
- Sticky Web Toss
- Bear S'mores
- Coiling Anaconda
- Cheerio Bird Feeder
- Lizard Tag
- Clay Gargoyles
- Medieval Shields
- Metal Embossing
- Cross the Moat
- Calculating Heart Rate
- Crabwalk Soccer
- Exercise Cube
- Apple Ladybug Treat
- Bucket Drumming
- Treble Clef Staff Relay
- STOMP
- Tissue Box Guitars
- The Pirate Ship Race
- Ocean in a Jar
- Pirate Treasure Playdough
- Magic Soap Experiment
- Magic Wand Craft
- Learn Magic Tricks
- Dancing Chinese Dragon
- Monster Eye Ball
- Ogre Cartoon Drawing