



# FORMING LIFELONG FRIENDSHIPS

LAKE HIGHLANDS YMCA  
Adventure Guides  
2018-2019 Calendar

DATE(s)	EVENT	LOCATION	FEE
Jul. 1	Program Registration Begins		
Sept. 14-16	1st Grade & up Campout	Sky Ranch-Van, TX	\$276/Pair*
Oct. 26-28	Kindergarten Campout	Collin County Adventure Camp-Anna, TX	\$190/Pair*
Nov. 9-10	"Camp-in"	Great Wolf Lodge-Grapevine, TX	\$65/Person*
Dec. 2	Ice Skating & Toy Drive	Galleria Mall-Dallas, TX	\$12/Skater
Feb. 15-17	Father/Son Campout	Camp Classen-Davis, OK	\$220/Pair*
Mar. 31	Derby Race	Lake Highlands YMCA	\$17/Car
Apr. 5-7	Father/Son Campout	Camp Grady Spruce-Graford, TX	\$190/Pair*
Apr. 6	Rocket Launch	Camp Grady Spruce-Graford, TX	\$20/Rocket

*\*The Deadline for campouts is 2 weeks before the event, late registrations will be charged an extra \$25.*

The Mission of the YMCA is to put Christian values into practice through programs that build healthy spirit, mind and body for all. Financial Assistance Available

# Purpose & History of Adventure Guides



YMCA Adventure Guides leads a father (or male role model) and a child on a journey of discovery and uninterrupted time together as members of a larger group, building lifelong memories and bonds. Through activities like monthly group meetings, ceremonies, games, and weekend camping trips, dad and child will create memories that neither will forget.

The father and son Y-Indian Guide program was developed in 1926 to support the father's vital family role as teacher, counselor, and friend to his son. After World War II, the success of the father/son program nurtured the development of other parent-child programs. For 92 years, the program has been the cornerstone for family programs in YMCAs across the country.

The YMCA's commitment to being a caring, honest, respectful, and responsible organization, and an evolving cultural sensitivity of Native American history prompted YMCAs across the country to re-evaluate their parent/child programs. One of the strengths of YMCAs is that they have adapted and responded to societal changes in order to remain relevant to their communities. In 2003, YMCA Adventure Guides was launched in Ys nationwide.

## Program Ages

**Adventure Guides (Kinder-3rd grade):** Through Adventure Guides, fathers have the chance to experience many of their child's "firsts" with them including their first camping trip, first time on a horse, first caught fish, and many more. As the program continues, fathers have the opportunity to strengthen the bond with their child as well as with the other fathers in their Circle.

**Trail Blazers (4th-6th grade):** Although they have officially graduated from the program, Adventure Guides Alumni or "Trail Blazers" are invited to continue their journey together exploring the great outdoors with activities like horseback riding, camping, and canoe trips.



## Want to Form a Circle?

If you are interested in forming a circle, email Marvin- [mrosales@ymcadallas.org](mailto:mrosales@ymcadallas.org). Circles are formed throughout the year, but the BEST time to organize a circle is over summer break so all participants have the opportunity to register for the program and arrange their schedules around the 2018-2019 Calendar.