FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KEEPING YOU ACTIVE AND CONNECTED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5a-9a *6 Lap Lanes*	Lap Swim 5a-9a *6 Lap Lanes*	Lap Swim 5a-9a *6 Lap Lanes*	Lap Swim 5a-9a *6 Lap Lanes*	Lap Swim 5a-9a *6 Lap Lanes*	Lap swim 7a-8a *6 Lap Lanes*	
SUMMER SWIM LESSONS 9:00a-11:30a 1 Lap lane Availible	SUMMER SWIM LESSONS 9:00a-11:30a 1 Lap lane Availible	SUMMER SWIM LESSONS 9:00a-11:30a 1 Lap lane Availible	SUMMER SWIM LESSONS 9:00a-11:30a 1 Lap lane Availible	SUMMER SWIM LESSONS 9:00a-11:30a 1 Lap lane Availible	Water Aerobics 9a-10a *1 Lap Lane*	
Joint Conditioning 9am-10am 1 lap lane	Joint Conditioning 9am-10am 1 lap lane	Joint Conditioning 9am-10am 1 lap lane	Joint Conditioning 9am-10am 1 lap lane	Joint Conditioning 9am-10am 1 lap lane	Swim Lessons 9:30a-12:30p *1 Lap Lane*	PRIVATE PARTIES 12p-2p
Aquacise 10am-11am 1 Lap lane Availible	Aqua Balance 10a-11am 1 lap lane	Aquacise 10am-11am 1 Lap lane Availible	Aqua Balance 10a-11am 1 lap lane	Aquacise 10am-11am 1 Lap lane Availible	Family Swim *3 Lap Lanes* 1p-5:45p	Family Swim 3 Lap Lanes 2p-4:45p
Deep Water 11am-12pm 1 Lap lane	Aqua Zumba 11:30a-12:30p 2 Lap Lane Availble	Deep Water 11am-12pm 1 Lap lane	Aqua Zumba 11:30a-12:30p 2 Lap Lane Availble	Aqua Zumba 11:30a-12:30p 2 Lap Lane Availble		
Senior Aquacise 12pm-1pm 3 *Lap Lane Availible*		Senior Aquacise 12pm-1pm 3 *Lap Lane Availible*				
Family Swim 11:30am-2pm 2 Lap Lanes availible	Family Swim 11:30am-2pm 2 Lap Lanes availible	Family Swim 11:30am-2pm 2 Lap Lanes availible	Family Swim 11:30am-2pm 2 Lap Lanes availible	Family Swim 11:30am-2pm 2 Lap Lanes availible	PRIVATE PARTIES 6p-8p	PRIVATE PARTIES 5p-7p
Day Camp Swim 2pm-3pm Pool Closed	Day Camp Swim 2pm-3pm Pool Closed	Day Camp Swim 2pm-3pm Pool Closed	Pool Closed 2pm-3pm	Day Camp Swim 2pm-3pm Pool Closed		
Family Swim 3pm-8pm 3 Lap lanes Availible until 5pm	Family Swim 3pm-8pm 3 Lap lanes Availible until 5pm Aquacise 615pm-715pm 1 Lap lane Availible	Family Swim 3pm-8pm 3 Lap lanes Availible until 5pm	Family Swim 3pm-8pm 3 Lap lanes Availible until 5pm Aquacise 615pm-715pm 1 Lap lane Availible	Family Swim 3pm-745pm 3 Lap lanes Availible until 5pm	***We always work to ensure that there is always 1 lap lane availible when the pool is open. If not, ask a Lifeguard and they would love to help*** Schedule is subject to change August 27th 2018	
SUMMER SWIM LESSONS 5pm-730pm 1 Lape lane Availible	SUMMER SWIM LESSONS 5pm-730pm 1 Lape lane Availible	SUMMER SWIM LESSONS 5pm-730pm 1 Lape lane Availible	SUMMER SWIM LESSONS 5pm-730pm 1 Lape lane Availible	SUMMER SWIM LESSONS 5pm-730pm 1 Lape lane Availible		