FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

T. BOONE PICKENS YMCA

Pool Schedule Spring 2019

Schedule Begins Wednesday, January 2 and is subject to change.

Multiple activities are often scheduled in this pool at the same time.

Lap Swimming
Lane sharing is a requirement of this facility.
When entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.

Directions
2 Swimmers: split lane
3+Swimmers: circle swim

Speed
Please try to choose a lane with swimmers that most nearly match your speed.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00 Adult Lap Swim (all lanes)	5:30-8:00 Adult Lap Swim (all lanes)	5:30-8:00 Adult Lap Swim (all lanes)	5:30-8:00 Adult Lap Swim (all lanes)	5:30-8:00 Adult Lap Swim (all lanes)	7:30-12:00 Adult Lap Swim (A side only)	1:00-5:15 Adult Lap Swim (A side) Open Swim (B side)
8:00-11:30 Adult Lap Swim (A side only)	8:00-11:30 Adult Lap Swim (A side only)	8:00-11:30 Adult Lap Swim (A side only)	8:00-11:30 Adult Lap Swim (A side only)	8:00-11:30 Adult Lap Swim (A side only)	12:00-5:15 Adult Lap Swim (A side) Open Swim (B side)	
10:30-11:00 WaterInMotion		10:30-11:00 WaterInMotion				
11:30-1:00 Adult Lap Swim (all lanes)	11:30-1:00 Adult Lap Swim (all lanes)	11:30-1:00 Adult Lap Swim (all lanes)	11:30-1:00 Adult Lap Swim (all lanes)	11:30-1:00 Adult Lap Swim (all lanes)		
1:00-4:00 Adult Lap Swim (A side only)	1:00-4:00 Adult Lap Swim (A side only)	1:00-4:00 Adult Lap Swim (A side only)	1:00-4:00 Adult Lap Swim (A side only)	1:00-5:00 Adult Lap Swim (A side only)		
4:00-8:00 Adult Lap Swim (A side) Open Swim (B side)	4:00-8:00 Adult Lap Swim (A side) Open Swim (B side)	4:00-8:00 Adult Lap Swim (A side) Open Swim (B side)	4:00-8:00 Adult Lap Swim (A side) Open Swim (B side)	5:00-8:45 Adult Lap Swim (A side) Open Swim (B side)		
			6:15-7:00 Water Group Exercise			
8:00-8:45 Adult Lap Swim (A side only)	8:00-8:45 Adult Lap Swim (A side only)	8:00-8:45 Adult Lap Swim (A side only)	8:00-8:45 Adult Lap Swim (A side only)			

B side is open during peak hours only and when there are 3 guards present

Attire: Appropriate swim suit required. No cotton, cut-offs, sports shorts, etc.

Weather: If lightning and/or thunder are present in the area, per national policy the pool will close immediately and reopen 30 minutes after last event.

Mechanical Failure/Chemical Imbalance will result in closure until repairs are made.

T. Boone Pickens YMCA
601 N Akard Street, Dallas, TX 75201
P 214 954 0500 tboonepickensymca.org

FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

111162 5/11

SWIM LESSON INFORMATION

T. BOONE PICKENS YMCA

Introducing "boutique" style swim lessons at your downtown Y.
Private (up to 3 people) swim lessons with your preferred instructor on your schedule tailored to your specific needs.

Instructor Availability:
Mr. "D" DeAnte Toombs is available Mon/Tue/Fri after 4:15pm (great with children)
Mr. Allen Burton is available Saturday afternoons (specializes in adult swim lessons)
Ms. Tiffany Sargent is available Thursday evenings and Saturday mornings (great with all ages and special needs)

If your child has special needs that may impact the quality of the lesson or requires special attention, please email sstatler@ymcadallas.org before your first lesson so that the instructor is prepared to adapt the lesson plan. All abilities welcome.

Punch Card Information
Good at T. Boone Pickens YMCA location only

- Each card good for 8 thirty-minute swim lessons for 1-3 participants per lesson upon instructor availability.
  - *Participants between the ages of 3 – 13 must be within 2 years of each other and same skill level.*
  - Participants under age 3 must be accompanied by a parent or guardian in the water.
- Member price: $225 | Non-member price: $325
  - Members receiving financial assistance for their membership will receive the same discount on swim lessons.
- Expires 90 days from date of purchase.
  - No refunds. No cash value. Cannot be extended or exchanged.
- 24-hour notice required for cancellation or $25 fee will apply.
  - Makeup lessons available only if required notice is given.
    - Entire party must cancel for makeup lesson to be scheduled. If the lesson is taught to any part of the party, it counts for all participants
- No-shows will be considered forfeit and will count against the 8 lessons.
- Tardiness will result in forfeiture of missed time.

How to Register
- Purchase swim lessons at our member services desk.
- Receive confirmation email with link to schedule within 48 hours
- Choose your days and times
- You will receive your punch card from the instructor at your first lesson

Check in at the 3rd floor Member Services desk before meeting your instructor at the pool.

T. Boone Pickens YMCA
601 N Akard Street, Dallas, TX 75201
P 214 954 0500 tboonepickensymca.org