



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **RICHARDSON YMCA Coach Flag Football Information**

Thank you for volunteering your time to coach our youth. Your coaching position may be new to you and you'll find out quickly that both you and your players will be rewarded in many ways. We hope the following information helps you get off to a good start and answer's most of your questions you might have. Please consult our website or contact your sports director for additional information.

- Coaches meeting: August 29th at 7pm at the Richardson YMCA.
- Games start September 13/14<sup>th</sup> and are played on Saturday's and/or *Friday evenings..under lights!* (Flag football games will not conflict with soccer games, this does not include the soccer tournament or rainout reschedules.) The season will culminate with all teams playing in a single elimination tournament at JJ Pearce High School.
- Practices can begin immediately following the coaches meeting. Practice fields are available at the YMCA, Woodlands and St. Paul. Practice space can be reserved on [Sign Up Genius](#) located on the homepage of [Teamsideline](#). Keep your e-mailed field confirmation with you during all practices in the event of a field conflict.
  - Choose a practice day/time that works for you. Contact and invite your players as soon as possible as they are excited to start playing.
- Team Photos: TBD. N the Zone Photography: [scott@nthezone.net](mailto:scott@nthezone.net)
- NFL Football jerseys are included in the registration fee. Running shoes and mouth guards are required. All team equipment is provided to the coaches and must be returned at the end of the season.
- Coaches receive a free USA Football Membership by participating in our YMCA NFL league. Memberships include access to USA Football resources including, Flag Coaching Certification, Drills Library, NFL Flag Playbook, Practice Planner and Film Room.
- Every player must play a minimum of 50% of each game. Equal playing time for all is our goal.
- Schedules, rainout information including game cancelations and field closings will be posted on [Teamsideline](#) when necessary and as soon as a decision is made.  
<http://www.teamsideline.com/Org/Home.aspx?d=00%2fVPMn7zScOtICWnIhB9w%3d%3d>
- Standings: standings are not kept for kinder-2<sup>nd</sup> grade as this is a developmental recreational league.
- Trophies are provided for the 1<sup>st</sup> and 2<sup>nd</sup> place winners of the tournament. All other teams receive recognition medals.
- Ball Size: K-4<sup>th</sup>, Pee Wee. 5<sup>th</sup> and up, Junior.

- Team Formation: Teams are formed based on grade, closest school, player and coach request. All requests are honored when possible. Placement is based on availability.
- Schedules will be released one week prior to the start of the season.
- Team Schedule Conflicts: An event in which the majority of the players will attend will be honored if advised by the deadline: September 2<sup>nd</sup>. Example, adventure guides campout, school functions. If you coach a school team please check your school calendar for any possible conflicts. Conflicts do not include birthday parties, sleepovers, recitals, coach travel, other sport schedule conflict, etc. Because multiple team conflicts cause sporadic schedules for other teams in the same division a maximum of 1 conflict per team, no exceptions. Game schedule conflicts for HEAD coaches of multiple teams are priority however we encourage all teams to have more than one coach in the event a conflict cannot be resolved.

Not all submitted conflicts are guaranteed and conflicts are ONLY for the team and not individual players or coaches. We cannot accept conflicts after the schedules are released, no exceptions.

- Game Forfeits: in fairness to the opposing team and officials, please advise your sports director if your team is unexpectedly below minimum player number for a game. If your team is short players and the opposing team agrees, utilize the "borrow a player" rule. Forfeited games will not be rescheduled. All rain out games will be rescheduled unless time/field space prevent us from doing so.
- All coaches are required to complete a volunteer application on [Volunteer Matters](#). Every coach must have completed a volunteer application to coach games. A team must forfeit if it does not have an eligible coach present.

### **Youth Sports Pledge**

"Win or lose, I pledge before God to play the game as well as I know how,  
to obey all the rules, to be a good sport at all times,  
and to improve myself in spirit, mind, and body."