



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **RICHARDSON YMCA**

### **Player/Parent Flag Football Information**

- Games start August 23/24th and are played on Saturday's and/or *Friday evenings..under lights!* The season will culminate with all teams playing in a single elimination tournament at JJ Pearce High School.
- Practices begin after the coaches meeting. Practice day and time is determined by the coach after teams have been formed and coaches have picked up their rosters. Practices are held at the Richardson YMCA, St. Paul or local parks. Game schedules are released one week prior to the start of the season.
- NFL Football jerseys are included in the registration fee. Running shoes or cleats are required. (no steal toe) All team equipment is provided to the coaches.
- All players are required to wear mouth guards.
- Every player must play a minimum of 50% of each game. Equal playing time for all is our goal.
- Flag football games will not conflict with soccer games, this does not include the soccer tournament or rainout reschedules.
- Schedules, rainout information including game cancellations and field closings will be posted on Teamsideline when necessary and as soon as a decision is made.  
<http://www.teamsideline.com/Org/Home.aspx?d=00%2fVPMn7zScOtICWnIhB9w%3d%3d>
- Standings: standings are not kept for kinder-2<sup>nd</sup> grade as this is a developmental recreational league. There are no winners and losers. ALL kids are winners.
- Team Formation: Teams are formed based on grade, closest school, player and coach request. All requests are honored when possible. *Placement is based on availability. We cannot guarantee placement on a team by location or school, but we try our best!*

#### Youth Sports Pledge

“Win or lose, I pledge before God to play the game as well as I know how,  
to obey all the rules, to be a good sport at all times,  
and to improve myself in spirit, mind, and body.”