

WHITE ROCK YMCA

Pool Schedule June 19th - June 30th

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	
5-7am Water Walking	5-8am Lap Swim	5-7am Water Walking	5-8am Lap Swim	5-7am Water Walking	5-8am Lap Swim	5-7am Water Walking	5-8am Lap Swim	5-7am Water Walking	5-8am Lap Swim	7-8am Water Walking	7-9am Lap Swim	1-5pm Family Swim & Lap Swim		
7-9am Swim Team (8-9 no lap swim)		7-9am Swim Team (8-9 no lap swim)		7-9am Swim Team (8-9 no lap swim)		7-9am Swim Team (8-9 no lap swim)		7-9am Swim Team (8-9 no lap swim)						
9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim			
		In-service 12pm-1pm POOL CLOSED												
12-5pm Family Swim	12-5pm Lap Swim	1-5pm Family Swim	1-5pm Lap Swim	12-5pm Family Swim	12-5pm Lap Swim	12-5pm Family Swim	12-5pm Lap Swim	12-5pm Family Swim	12-5pm Lap Swim	12:30-5pm Family Swim	12-5pm Family Swim & Lap Swim			
5-8pm Family Swim	5-8pm Swim Lessons	5-8pm Family Swim	5-8pm Swim Lessons	5-8pm Family Swim	5-8pm Swim Lessons	5-8pm Family Swim	5-8pm Swim Lessons	5-7pm Family Swim	5-7pm Lap Swim					
Lap lane will be used for swim tests periodically through the day. A 5-minute Safety Break occurs every 2 hours beginning at 2:00 pm. This is a good time to take children to the bathroom and reapply sunscreen.								Make up lessons are Scheduled for Fridays 5 - 8pm		5 - 7pm Pool is available for private parties.				
Pool usage may be altered to meet program needs. Look for posted signs describing schedule changes, especially during holidays.								For more information contact: Myron Barron, Aquatics Director, at mbarron@ymcadallas.org or visit www.whiterockymca.org						