



GYMNASIUM SCHEDULE

EFFECTIVE: December-February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:30am Open Gym Full Court	5:30-8:30am Open Gym Full Court	5:30-8:30am Open Gym Full Court	5:30-8:30am Open Gym Full Court	5:30-7am Men's league 7-8:30am Open Gym Full Court		
North Courth 8:30-4:30pm Rise/Childwatch Programming	North Courth 8:30-4:30pm Rise/Childwatch Programming	North Courth 8:30-4:30pm Rise/Childwatch Programming	North Courth 8:30-4:30pm Rise/Childwatch Programming	North Courth 8:30-4:30pm Rise/Childwatch Programming	North Court 8:00-5:00 Youth Games	2:00- 5:00pm Open Gym Full Court
South Court 11:00-4:00pm Open Court Half Court	South Court 12:00-1:30pm Pickle Ball 1:45p-4p Open Gym Full Court	South Court 11:00-3:00pm Open Court Half Court	South Court 12:00-1:30pm Pickle Ball 1:45p-4p Open Gym Full Court	South Court 11:00-5:00pm Open Court Half Court	South Court 8:00-5:00 Open Gym	
North Court 4:30-8:30 Youth Basketball Practices South Court Open Gym 4pm-9pm	North Court 4:30-8:30 Youth Basketball Practices South Court Open Gym 4pm-9pm	North Court Youth Basketball 4pm-7pm Mens Basketball 7-9pm South Courth Open Gym	North Court 4:30-8:30 Youth Basketball Practices South Court Open Gym 4pm-9pm	North Court 4:30-8:30 Youth Basketball Practices South Court Open Gym 4pm-9pm		

Gymnasium closes 30 minutes prior to YMCA activities for set up.
Schedule May Change due to Moody Family YMCA Program Needs
Only Water allowed in Gym. NO FOOD

The YMCA RESERVES THE RIGHT TO CHANGE SCHEDULE AS NEEDED

Moody Family YMCA 6000 Preston Road Dallas TX 214.526.7293 www.moodyfamilyymca.orq