



WHITE ROCK YMCA

Pool Schedule Summer 2022 (Effective June 6th)

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP	FAMILY	LAP
5-7am Water Walking	5-7am Lap Swim	5-7am Water Walking	5-7am Lap Swim	5-7am Water Walking	5-7am Lap Swim	5-7am Water Walking	5-7am Lap Swim	5-7am Water Walking	5-7am Lap Swim	7-8am Water Walking	7-9am Lap Swim		
7-9am Swim Team No Lap Lanes		7-9am Swim Team No Lap Lanes		7-9am Swim Team No Lap Lanes		7-9am Swim Team No Lap Lanes		7-9am Swim Team No Lap Lanes					
9am-5pm Family Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons	9am-12pm Lap Swim	9am-5pm Family Swim	9am-12pm Swim Lessons	9am-12pm Swim Lessons	9am-5pm Lap Swim	9am-2pm Family Swim	Make up lessons are scheduled for Friday 9-12pm	9am-12pm Swim Lessons	9am-12pm Swim Lessons Lap Swim	1:00pm-4:45pm Family Swim	1:00pm-4:45pm Lap Swim
		In-service 12pm-1pm POOL CLOSED								2-4pm Day Camp Swim Pool Closed	2-4pm Day Camp Swim Pool Closed		
	12-8:45pm Lap Swim	1-8pm Family Swim	1-5pm Lap Swim		12-8:45pm Lap Swim	12-8pm Family Swim		4-7:45pm Family Swim	4-7:45pm Lap Swim				
5-8:45pm Swim Lessons		5-8:45pm Swim Lessons	5-8:45pm Swim Lessons			5-8:45pm Swim Lessons							
Lap lane will be used for swim tests periodically through the day. A 5-minute Safety Break occurs every 2 hours beginning at 2:00 pm. This is a good time to take children to the bathroom and reapply sunscreen.								Make up lessons are Scheduled for Fridays 5 - 8pm		5 - 7pm Pool is available for private parties.			
Pool usage may be altered to meet program needs. Look for posted signs describing schedule changes, especially during holidays.								For more information contact: Myron Barron, Aquatics Director, at mbarron@ymcadallas.org or visit www.whiterockymca.org					