



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Better Together

Waxahachie Family YMCA Gym Schedule

WINTER 2023 (Effective 1/9/23)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	Open Gym	Boot Camp @ 5:15	Open Gym	Boot Camp @ 5:15	Open Gym	Closed	Closed
6:00 AM							
7:00 AM	Zumba @ 8:15	Pickleball (Full Gym) (to 9:30)	Zumba @ 8:15	Pickleball (Full Gym) (to 9:30)	Adult (18+) Full Court 8am - 10:30am	Back Court - Pickleball (to 8:30)	
8:00 AM							
9:00 AM	Open Gym	HIIT @ 9:30	Open Gym	HIIT @ 9:30	Senior Fit. @ 10:30	GYM Closed for Youth Basketball Games	
10:00 AM							
11:00 AM	Senior Fit. @ 10:30		Senior Fit. @ 10:30				
12:00 PM		Open Gym		Open Gym			
1:00 PM	Pickleball (Back Court)		Pickleball (Back Court)		Open Gym	Front Court - Adult (18+) Back Court - Family (Open)	
2:00 PM							
3:00 PM	Open Gym	Adult (18+) Full Court	Open Gym	Adult (18+) Full Court			
4:00 PM							
5:00 PM	Open Gym	Front Court - Open Back Court - Bitty BBall	Open Gym	Front Court - Open Back Court - Bitty BBall	Closed	Closed	
6:00 PM							
7:00 PM	Closes at 9pm	Closes at 9pm	Closes at 9pm	Closes at 9pm	Closed	Closed	
8:00 PM							
9:00 PM							

YELLOW - Front Court access only (Open). **BLUE** - Front Court for Adult Pickup Only (18+). **GREEN** - Adult (18+) Only (FULL COURT)

**** Court Schedule is subject to change based on YMCA Programing Needs. Please call to verify times ****

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind, and body for all