



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2023 SUMMER DAY CAMP
SCHOOL AGE DAY CAMP SAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 8:15	PRE-CAMP STATIONS	PRE-CAMP STATIONS	PRE-CAMP STATIONS	PRE-CAMP STATIONS	PRE-CAMP STATIONS
8:15-9:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:00 – 9:10	OPENING CEREMONY	OPENING CEREMONY	OPENING CEREMONY	OPENING CEREMONY	OPENING CEREMONY
9:15 – 9:30	HUDDLE & AM SNACK	HUDDLE & AM SNACK	HUDDLE & AM SNACK	HUDDLE & AM SNACK	HUDDLE & AM SNACK
9:30 – 11:45 (45 Minute Group Rotation)	Y ENRICHMENT 3 Activity Rotations: Arts & Crafts Health & Wellness Culinary/Grub Club STEM Global Learning	Y ENRICHMENT 3 Activity Rotations: Arts & Crafts Health & Wellness Culinary/Grub Club STEM Global Learning	Y ENRICHMENT 3 Activity Rotations: Arts & Crafts Health & Wellness Culinary/Grub Club STEM Global Learning	FIELD TRIP	Y ENRICHMENT 3 Activity Rotations: Arts & Crafts Health & Wellness Culinary/Grub Club STEM Global Learning
11:45–12:15	LUNCH	LUNCH	LUNCH		LUNCH
12:15-12:45	MID DAY STATIONS	SWIM	MID DAY STATIONS		MID DAY STATIONS
12:45 – 3:00 (45 Minute Group Rotation)	Y ENRICHMENT 2 Activity Rotations: Examples: Arts & Crafts Health & Wellness SEL STEM Global Learning		Y ENRICHMENT 2 Activity Rotations: Examples: Arts & Crafts Health & Wellness SEL STEM Global Learning		Y ENRICHMENT 2 Activity Rotations: Examples: Arts & Crafts Health & Wellness SEL STEM Global Learning
3:00 – 3:30	PM SNACK		PM SNACK		PM SNACK
3:30-4:15	CLUBS	CLUBS	CLUBS		CLUBS
	1 choice out of 4 options: Examples: Archery, Coding, Makerspace Sports/Fitness, Drama, Chess, Build It, Sewing, Comedy...and more!	1 choice out of 4 options: Examples: Archery, Coding, Makerspace Sports/Fitness, Drama, Chess, Build It, Sewing, Comedy...and more!	1 choice out of 4 options: Examples: Archery, Coding, Makerspace Sports/Fitness, Drama, Chess, Build It, Sewing, Comedy...and more!		PM SNACK & SOCIAL EMOTIONAL LEARNING
4:15 – 4:30	CLOSING CEREMONY	CLOSING CEREMONY	CLOSING CEREMONY	CLOSING CEREMONY	CLOSING CEREMONY
4:30 – 5:30	POST CAMP STATIONS	POST CAMP STATIONS	POST CAMP STATIONS	POST CAMP STATIONS	POST CAMP STATIONS

****For detailed descriptions of activities visit our website at www.ymcadallas.org/summer**