



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Spring 2023 POOL SCHEDULE

Park South Family YMCA

Morning Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Aerobics 8:00am-8:45am					Lap Swim/Open Swim 8:00am-11:00am **One lap open
Water Aerobics 9am-9:45am	Pre-K Swim Lessons 9:30a-10:30a	Water Aerobics 9am-9:45am	Pre-K Swim Lessons 9:30a-10:30a	Lap Swim 9:00a-10:30a	

Afternoon Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Lap Swim 3:00pm-3:30pm				Lap Swim 3:00pm-4:00pm
Swim Group Lessons 4:00pm-6:00pm ** One lap open SAW – Safety Around Water				
6:00-6:30pm Private Lessons				Teen Swim Lessons 4:00pm-5:15pm
Water Aerobics 6:00pm-6:45pm				

For questions or concerns, please email us at: PSAquatics@ymcadallas.org