Dear YMCA Family and Friends,

Four years ago, the YMCA of Metropolitan Dallas laid out a plan to invest in our existing communities and expand our reach geographically. While the pandemic temporarily delayed those plans, 2022 truly felt like a renewal of that promise.

Our membership continues to grow, and we enjoyed seeing more children in our sports and teen programs than we have in years. We launched Mobile Y, hosted the 55th Annual Dallas YMCA Turkey Trot, and convened a cohort of local experts and community leaders that has not previously existed in our area, to truly make an impact in the mental health space for North Texans. The renovation and expansion of our Lake Highlands Family YMCA began to accommodate a growing community, and work to create a new lobby, Childwatch and locker room areas in our Semones Family YMCA is also underway.

While it was exciting to kick off new initiatives and construction projects, it was also fulfilling to continue the work we have always been committed to as a YMCA. We served more than 3,500 in our Safety Around Water program, provided over 350,000 meals in our out-of-school-time programs, and offered financial support to over 23,000 across all programs.

As we look further into 2023, we are looking forward to continuing to invest in our communities as we begin the process of building a brand-new Park South Family YMCA, completing the Lake Highlands project, and expanding our mental health work.

Thank you for supporting the YMCA of Metropolitan Dallas. We are excited for another great year.

Best regards,

Curt Hazelbaker
President and CEO

Felix J. Lozano, III
Chief Volunteer Officer
We believe that all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, thousands of youth today are cultivating values, skills, and relationships that lead to positive behaviors, better health, and educational achievements.
YMCA AFTERSCHOOL

At the Y, we believe all children deserve a safe place to go after school to explore the arts or science and technology, engage in physical activity, get help with homework, and learn the importance of giving back to their community.

203 KIDS
received free math and literacy lessons along with fun, structured camp-like activities in our Summer Learning Academies

315 KIDS
practiced creativity, learned self-esteem and independence at three YMCA PRESCHOOLS

7,082 KIDS
were inspired to learn, play, and grow in one of our 84 AFTERSCHOOL PROGRAMS
YMCA CAMP

Like many Y programs, camping is all about learning skills, developing character, and making friends. The Dallas YMCA has served North Texas kids with life-changing summer experiences for more than 100 years.

1,522 KIDS

gained confidence and independence at Camp Grady Spruce & Collin County Adventure Camp

6,984 YOUTH

tried new activities, made lasting friendships, and gained independence at Day Camps

30,517 elementary and middle school Outdoor Education students experienced hands-on learning in nature at Camp Grady Spruce & Collin County Adventure Camp

www.ymcadallas.org
YMCA TEENS

At the Y, we develop teens in a safe place to explore who they are, find their voice and prepare for their future.

1,006 TEENS honed leadership and public speaking skills in Youth & Government

333 TEENS engaged in solving pressing global problems with the art of compromise and diplomacy through the Model United Nations

2,044 TEENS found a sense of belonging through camp, leadership and education programs
SWIM, SPORTS & PLAY

The Y is a starting point for many kids to learn about becoming and staying active. When kids play sports or learn to swim, they can build confidence, discover their personal best, and have fun being part of a team.

16,452 YOUTH learned invaluable water safety and swimming skills in the YMCA swim programs

56,650 YOUTH gained new skills and learned about the importance of sportsmanship through YMCA Youth Sports
In communities across the nation, the Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, thousands of North Texas youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.
Parents want what’s best for their families and to have fun. That’s why, at the Y, our mission is centered on the balance of spirit, mind, and body. We bring families closer together through quality time in fun and healthy activities.

1,867 DADS & CHILDREN created memories of a lifetime in the Adventure Guides Program

125 attended the Y’s FATHER OF THE YEAR event celebrating dads from each branch
COMMUNITY HEALTH

The Y aims to improve the nation’s health and well-being by providing programs and activities that reduce risk for disease, and help others reclaim their health. These programs can create a path for helping individuals prevent, delay, or live better with chronic conditions.

1,367 PARTICIPATED in LiveStrong at the YMCA, Diabetes Prevention Program, FIT for Health, Get Up and Go, YMCA Weight Loss Programs, or Healthy Cooking Classes

17 TEENS CONQUERED their weight management issues while having fun, making new friends, and building self-esteem at Kamp K’aana
We know that when we work together, we move individuals, families, and communities forward. The Y responds to society’s most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential. We are also committed to inspiring a spirit of service by uniting individuals from all walks of life to participate in and work for positive social change.
SAFETY AROUND WATER

Teaching children how to be safe around water is not a luxury, it is a necessity. In Texas, drowning is the leading cause of accidental death among children. According to the Center for Disease Control, formal swimming lessons can reduce drownings by 88%.

2,046 CHILDREN
in low-income apartment communities received free water safety skills through one of six mobile YMCA swim instructor and lifeguard teams

3,589 CHILDREN
received free or reduced cost lessons through the Urban Swim program in four Y branches in west and southern Dallas communities
The Ashford Rise School of Dallas certainly highlights two of the most important words of the YMCA’s statement, “For all.” The Rise School provides the highest quality of early childhood education services to children with Down Syndrome or other developmental disabilities and traditional learners in an inclusive classroom environment.

80 CHILDREN
ages 6 months to 5 years have learned, played, and thrived together at The Ashford Rise School of Dallas

RUNWAY FOR RISE
Annual fundraiser to support families with children who attend The Ashford Rise School of Dallas
GIVING BACK

The Y is a cause for strengthening community. Over 5,500 individuals across North Texas give back and support their neighbors by volunteering at the Y. Whether coaching a team, raising funds, working an event, or serving on a board or committee, these volunteers are taking an active role in bringing about enduring change right in their own neighborhood.

5,523 VOLUNTEERS SERVED across all YMCA communities

174,064 VOLUNTEER HOURS were provided in 2022
While our programs are based on the unique needs and interest of our communities, every Y has one thing in common: our people. The members, volunteers, staff, and donors of the Y are all united by a deep commitment to strengthening community.

203,398 individuals experienced a class, program or event at the Y, helping them grow in spirit, mind, and body.

MEMBERSHIP MATTERS

While our programs are based on the unique needs and interest of our communities, every Y has one thing in common: our people. The members, volunteers, staff, and donors of the Y are all united by a deep commitment to strengthening community.

2.8 MILLION VISITS to our 16 YMCA branches
The YMCA of Metropolitan Dallas and over 400 key community and business leaders gathered to hear a panel discussing the mental well-being of our youth. Moderated by WFAA’s Cynthia Izaguirre, the panel featured the unique perspectives of renowned psychiatrist Dr. Madhukar Trivedi, Director of the Center for Depression Research and Clinical Care at UT Southwestern Medical Center, Dr. Jessica Gomez, Licensed Psychologist and Executive Director of Momentous Institute, and Sonya Parker Goode, Director of Outreach and Education at Grant Halliburton Foundation.
CELEBRATING OUR VOLUNTEERS

2022 YMCA OF METROPOLITAN DALLAS DISTINGUISHED LEADERSHIP AWARDS

AMY THOMPSON HOLLINS
GEORGE L. ALLEN Leadership Award

DR. KLYNE SMITH
CHARLES P. STOREY Strong Communities Award

CRAYTON WEBB
THEODORE P. BEASLEY Distinguished Leadership Award

www.ymcadallas.org

2022 ANNUAL REPORT
YMCA OF METROPOLITAN DALLAS
CHAD HUFFINES  
**CAMP GRADY SPRUCE**

Chad has been serving as the President of the Camp Grady Spruce Board. He has been involved with our Annual Campaign and served as the Bricks and Mortar committee chair. In the years that Chad has been involved with Camp Grady Spruce, he has been involved in many different parts of the camp. As the parent of a camper, a volunteer on many of our work weekends, chairing the Bricks and Mortar committee, to Chair the camp board. Through this work, he has made a significant impact on the programs and facilities of the camp. Chad has also been heavily involved in the Annual Campaign for camp. As the owner of several Jersey Mikes, Chad has been able to help advise camp on improving our food service for the guests at camp.

DALLAS JONES  
**COLLIN COUNTY ADVENTURE CAMP**

Dallas has served on the Collin County Adventure Camp board and has been the Board President. He has been involved in our program development and Annual Campaign. He has been involved with the camp for many years. Dallas first visited Collin County Adventure Camp as a chaperone for his child’s 5th-grade Outdoor Education trip with the Wylie ISD. He volunteered to be a chaperone for all his children when they came to camp. Dallas has been serving as the board chair for Collin County Adventure Camp and has helped the camp reach its annual campaign every year.

MEGAN CUSACK  
**COPPELL FAMILY YMCA**

Megan has been a huge proponent of being a community collaborator, advocate, and partner to help spread the mission and vision of the Coppell Family YMCA. She has made connections and connected dots for the Coppell Y, she has been a spearhead for creating a Coppell Community Calendar that will help the Y bring community and partners together all for the better of the members, participants, and Coppell community.

JUDY DALE  
**CROSS TIMBERS FAMILY YMCA**

Judy has overseen our monthly Swap Meet for years. She sets up tables and clothes racks before members arrive in the building. She also boxes up what is left, packs it all into her car, and then drives to donate it to the Salvation Army. She also gladly volunteers to help with all other events we have the Y. She is very service-oriented, and her help is often unseen by the membership. She does this selflessly and without the need for recognition.

HILLIS DAVIS  
**FRISCO FAMILY YMCA**

Hillis Davis is an exceptional volunteer who gives not only his time but his leadership to help support the Frisco Family YMCA. Hills has served on the Frisco YMCA board of volunteers for the past 5 years helping build our outreach, providing support to our programs, and helping us better serve our community. Hills gives his valuable time to the Y every month fostering relationships, supporting our staff, and sharing the Y mission with anyone he meets. He also stepped up and has chaired our Annual Campaign for the past two years.

MICHELLE MADDEN  
**GRAND PRAIRIE FAMILY YMCA**

Michelle champions our mission and always volunteers when asked. She is respected in the community and by her fellow board members. One Board Member shares, “During our MLK Day of Service, my first volunteer experience. Michelle epitomizes what it means to be a true leader Cause-Driven Leader, who has made a significant contribution to the Grand Prairie YMCA as a dedicated board chair, Vice Leader, and YMCA supporter. We unanimously support her nomination for this year’s prestigious Sam Winstead award.”
CELEBRATING OUR VOLUNTEERS

MIKE ATKINS
J.E.R. CHILTON YMCA AT ROCKWALL
Mike Atkins has been involved with the J.E.R. Chilton YMCA since 1995. In his volunteer role, he has been the Annual Campaign Chair, Campaigner worker, and community activist for the Y and its branding. Mike has served as a member of the Board Development Committee and as Annual Campaign Chair for the last 2 years. Mike’s involvement with the J.E.R. Chilton YMCA when his children began participating in Y programs and he volunteered as a campaigner for the Annual Campaign. Mike served as Executive Director of the Rockwall YMCA for 10 years. He began his volunteer service at the J.E.R. Chilton YMCA in 2013.

PHIL LAMB
LAKE HIGHLANDS FAMILY YMCA
Phil has been an invaluable part of the Lake Highlands Adventure Guides program for the past 5-6 years. During Phil’s tenure not only has he created memorable experiences on his campouts but the way he integrates the core values into everything he does might just be the one to hang his Cowboy hat on. He has also been a key part to help with the movement toward a more aligned/centralized program and we could not have done these past 2 years without his help.

CAROLYN SEARLES
MCKINNEY FAMILY YMCA
Carolyn has served the McKinney YMCA as Youth & Government advisor, coach, section leader, and Y&G (Youth and Government) board member since 2015. She has impacted the lives of many kids in McKinney, Dallas, Texas, and across the nation, as she has served at all levels of Youth & Government and CONA (Conference on National Affairs). In 2019, she joined the McKinney YMCA Branch board to help us widen our reach in the community. In 2020, during Covid, Carolyn took over leadership of the Community Outreach Committee. The committee worked to figure out the best way to serve the community. Carolyn-lead the committee and the board in finding partners in the community that was collecting food, coats, toiletries, hats, gloves, etc. and the Y jumped in to help.

TERESA TOWNER
MCCOVY FAMILY YMCA
Theresa Towner is passionate about Karate and volunteers her teaching skills at Easter Seal, Scottish Rite along with the Moody YMCA. She has guided hundreds of martial arts participants at the Moody YMCA over her 35+ year volunteer career. She provides training, teaching, and inspiration to karate students of all ages. She is a 7th-degree black belt herself. Theresa is a Rhodes scholar and is a tenured professor at the University of Texas at Dallas.

LISA EVANS
MOORLAND FAMILY YMCA AT OAK CLIFF
Lisa is a second-generation Moorland volunteer and has raised a third-generation volunteer who is now working for the Moorland Y. Lisa is all in when it comes to the Moorland Y. She is a huge resource ensuring things are done with excellence. When we need volunteers, she jumps in and secures others to engage. When we need snacks for events, she calls her connection and brings hundreds of bags of snacks. The teen and college lifeguards loved her this past summer because they knew they were going to get a home-cooked meal from Ms. Lisa.

LATOYA PORTER
PARK SOUTH FAMILY YMCA
LaToya has led this committee with grace and excellence and is a shining star and example of an amazing board-member and community advocate. As Advocacy Chair, she is leading this board committee to identify volunteers and needs that we can support in our community and branch. One of those initiatives was our senior technology sessions where seniors would bring their devices and the committee would teach our seniors how to use them. This was extremely helpful in helping them communicate with families during this pandemic.

Sam Winstead Volunteer of the Year Award
presented every year to a volunteer at each branch of the Dallas YMCA who has demonstrated exceptional commitment to a program or has helped further the goals of the YMCA in his or her community.

www.ymcadallas.org
Sam Winstead Volunteer of the Year Award

presented every year to a volunteer at each branch of the Dallas YMCA who has demonstrated exceptional commitment to a program or has helped further the goals of the YMCA in his or her community.

CELEBRATING OUR VOLUNTEERS

Chi Egwuekwe
Plano Family YMCA

Chi has more than 25 years of experience in corporate financial management and accounting. He currently serves as the Senior Director of Finance at Integer Holding Corporation, a leading advanced medical device manufacturer. Chi joined the Board of Management for the Plano Family YMCA six years ago with a focus on supporting our mission in the community and has raised over $6500 for our Annual Campaign. Chi has served as Chairman of the Board longer than expected as he stayed on to help us through a pandemic restructuring. He lives in Murphy, Texas with his wife, Kim, where he also serves as the Commissioner for the Planning & Zoning Commission. They have two children, a senior at Phillips Academy in Andover, and a senior at the University of Oklahoma. In his spare time, he is a committed Cross Fitter, an amateur musician, and a composer.

Julius “JD” Odom
Richardson Family YMCA

Julius “JD” Odom has been the board chair for the past two years at the Richardson YMCA providing excellent leadership and commitment to the Y during our transition during the pandemic. JD has also secured in-kind support including hosts for gatherings and training. In addition to the Y, JD has volunteered for the City of Richardson, Richardson ISD (Independent School District), and local sports organizations.

Paul Wachsman
Semones Family YMCA

Paul Wachsman describes the Y as an “opportunity,” a place to serve your fellow man and to be kind and friendly to everyone. Paul volunteers 30 hours a week. He is happy to do anything that is asked of him, but his primary responsibility is to greet people and to keep up with towels: collecting, washing, drying, folding, and distributing. Last year Paul raised $3,000, this year he is on pace to double that amount. He is one of our top fundraisers. The Semones YMCA is a better place because Paul is a valuable member of our Y family.

Veorge Weathersby
T. Boone Pickens YMCA

Veorge has abundantly given our YMCA his time, talent, and treasure in a way that has transformed the lives of many families and children served by our YMCA. Veorge understands the power of giving back to our community. He gives unselfishly. The T. Boone Pickens YMCA is forever grateful to him and his leadership. Veorge has volunteered countless hours at our YMCA. He started his volunteer journey 5 years ago as a member of the T. Boone Pickens Board of Managers. Currently, Veorge has chaired the Annual Campaign, the Advanced Gifts Campaign, and the Auxiliary Campaign. Veorge has served 10 years on the Board and continues to work through the pandemic to ensure the future of the YMCA.

Dr. Jennifer Smolka
Waxahachie Family YMCA

Jennifer has served the Waxahachie Family YMCA in a volunteer role for more than 8 years and as a member of the board of management in Waxahachie since 2005. Jennifer’s impact in the Waxahachie community has been felt by many, serving as a lead advocate for special needs individuals and families, particularly in the areas of adaptive sports. Dr. Smith has been instrumental in organizing volunteer efforts to provide opportunities in golf, tennis, basketball, swimming, track, baseball, and several other adaptive opportunities.

Andrew Rohrbacher
White Rock YMCA

Andrew has served on the White Rock YMCA board for the past 4 years and has been an active and dedicated volunteer. He serves on our Membership Experience Committee and has been instrumental in helping with events that demonstrate our appreciation of YMCA members. It was his idea to organize the original TOP 100 event where we recognize the most active White Rock YMCA members. Andrew and his team orchestrated an event where the members were honored for their elevated level of participation at the YMCA. In 2021, he accepted the role of Annual Campaign Chair and raised over $207,000 on a goal of $198,000.
Sam Winstead Volunteer of the Year Award

presented every year to a volunteer at each branch of the Dallas YMCA who has demonstrated exceptional commitment to a program or has helped further the goals of the YMCA in his or her community.

CELEBRATING OUR VOLUNTEERS

VICKI YANEZ
YMCA SERVING THE IRVING COMMUNITY

Vicki Yanez has served as the Chairperson for our YMCA Miracle League in Irving for more than 14 years since her father Joe Taylor started the league. Every game, Vicki is there announcing each player and play, coordinating our teams, welcoming our families and friends, and loving on all the participants. Not only has Vicki volunteered and done this for us for years, but she also secures a $10,000 gift from the Veterans Foundation every year to keep help keep this league going.

Youth Character Award

honors worthy young people who embody the four YMCA core values: honesty, respect, responsibility and caring. The award is to recognize those whose lives and achievements demonstrate an enduring commitment to qualities associated with good character.

LILIANA AREVALO
YMCA Serving The West Dallas Community

MALACHI THOMPSON
Grand Prairie Family YMCA

AINSLEY BURKES
McKinney Family YMCA

NANTHANAT CHUMPIRON
McKinney Family YMCA

VICKI YANEZ
YMCA SERVING THE IRVING COMMUNITY

ROYLE KING, SR.
YMCA SERVING THE WEST DALLAS COMMUNITY

Royle King Sr. has been a supporter of the Y and supporting the West Dallas community for more than 15 years. His dedication to this yearly Thanksgiving and Christmas food distribution to our families has allowed the Y to continue efforts to meet the needs of our youth and families. He puts a lot of effort into ensuring the success of the Theta Alpha Foundation’s yearly fund-raising event that provides support to the West Dallas programs and youth in successful and achieves its promises to support their outreach efforts such as College Scholarships, the Omega Sparks programs for male youths, as well as support for YMCA Water Safety and Teens programs. His personal support to the Y’s annual campaign is a testament to his commitment to supporting the Y Serving West Dallas.

THANK YOU VOLUNTEERS!
The Y can only fulfill its mission through the generosity and support of the community. The Y seeks to always be good stewards of that support.

### 2022 Financials

#### 2022 Income*

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$18,711,172</td>
</tr>
<tr>
<td>Grants/United Way</td>
<td>$11,141,458</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>$19,891,242</td>
</tr>
<tr>
<td>Program Fees</td>
<td>$31,050,776</td>
</tr>
<tr>
<td>Interest/Gain on Property Sales/Other</td>
<td>$4,928,972</td>
</tr>
</tbody>
</table>

#### 2022 Expenses*

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>$34,501,777</td>
</tr>
<tr>
<td>Contract Services</td>
<td>$3,521,557</td>
</tr>
<tr>
<td>Supplies/Adventure Guides</td>
<td>$5,123,623</td>
</tr>
<tr>
<td>Occupancy/Equipment</td>
<td>$7,617,558</td>
</tr>
<tr>
<td>Technology/FFE</td>
<td>$2,467,450</td>
</tr>
<tr>
<td>Other</td>
<td>$9,850,766</td>
</tr>
<tr>
<td>Transfer to Reserves</td>
<td>$13,798,079</td>
</tr>
<tr>
<td>Capital Reserves</td>
<td>$8,842,810</td>
</tr>
</tbody>
</table>

#### Total Income

$85,723,620

#### Total Expenses

$85,723,620

*UNAUDITED INFORMATION*
2022 INCOME
$85,723,620

2022 ANNUAL CAMPAIGN
$4.2 MILLION

2022 EXPENSES
$85,723,620

BENEFITTING OUR COMMUNITY
COMMUNITY ASSISTANCE $3.9 MILLION
DIRECT COMMUNITY ASSISTANCE
Membership, Program, & Income-Based Scholarships $2.3 Million
INDIRECT COMMUNITY ASSISTANCE
College Scholarships, Agency Scholarships, Subsidies, etc. $0.8 Million
OUTREACH
Membership, Program, & Income-Based Scholarships $0.8 Million

2022 ANNUAL REPORT
YMCA OF METROPOLITAN DALLAS
www.ymcadallas.org
YMCA Mission:
To put Christian values into practice through programs that build healthy spirit, mind and body for all.

This annual report includes gifts received by the YMCA of Metropolitan Dallas between January 1, 2022 and December 31, 2022. We apologize if there are any errors or omissions regarding names or gifts.