



# J.E.R. CHILTON YMCA AT ROCKWALL

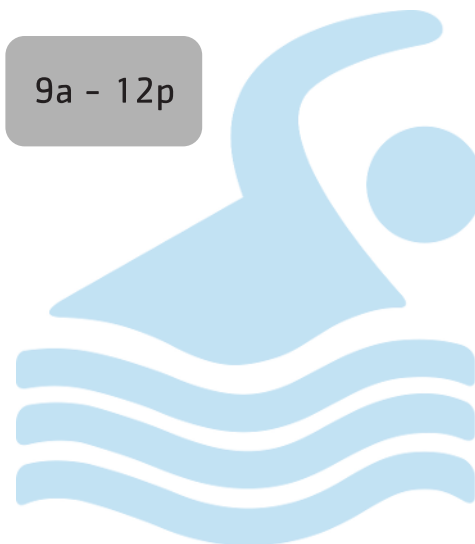
## POOL SCHEDULE

### 23-24 SCHOOL YEAR

LAP SWIM AND AND AQUA FITNESS CLASSES  
REQUIRE RESERVATIONS

POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5a - 1p 7-9p	5a - 1p 7-9p	5a - 1p 7-9p	5a - 1p 7-9p	5a - 1p 7-8p	7a - 5p	1 - 5p
FAMILY SWIM	11:30a-1p 6:30-8:45p	11:30a-1p	11:30a-1p 6:30-8:45p	11:30a-1p	11:30a-1p 6:30-8p	1 - 5p	1 - 5p
MASTER SWIM	5 - 6:15a		5 - 6:15a			7 - 8:30a	
SWIM LESSONS	10-11:15a 6 - 8p	10-11:15a 6 - 8p	10-11:15a 6 - 8p	10-11:15a 6 - 8p	Make-up lessons	9a - 12p	
AQUA FITNESS	9:15 - 10a & 10:15 - 11a						
SWIM TEAM	4 - 6:30p	6-8:30a 4-6:30p	4 - 6:30p	6-8:30a 4-6:30p	4 - 6:30p		



CONTACT MEMBER SERVICES WITH ANY QUESTIONS AT 972.772.9622 | [WWW.JERCHILTONYMCA.ORG](http://WWW.JERCHILTONYMCA.ORG)

# SPLASH INTO FUN!



**Our pool is 25 yards and 6 lanes, guarded by certified YMCA Lifeguards.**

**Schedule changes are seasonal and based on program needs.**

**Please shower before entering the pool and review the water safety rules.**

**Lap Swim** is available according to the pool schedule. Lane sharing may be required. Lap lanes are not available to swimmers under age 10 unless with swim team or swim lessons.

- Ages 10 & older: May use the pool without adult supervision and during lap swim times. Swim test required.

**Family Swim** is available to YMCA Members only.

- A swim test is required for all children under age 14 each time. Please see a lifeguard for your swim test.
- Ages 10 & older: May use the pool without adult supervision and during lap swim times. Swim test required.
- Ages 8-9: May use the pool during Open Swim times under the direct supervision of a responsible guardian 14 years or older. Swim test required.
- Ages 0-7: Must have direct supervision at all times. And may only swim during Family Swim time. Children 3 and younger must have parent in the water. Swim test required.
- All "Non-Swimmers" will be provided with and must wear a correctly sized, Coast Guard Approved PFD (unless directly working one-on-one with a parent/guardian).
- Family swim is not available if there are make-up swim lessons, swim meets or special occasion.

**TO MAKE A RESERVATIONS AND SIGN UP FOR SWIM LESSONS SCAN HERE:**



**YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.**  
**Financial assistance is available.**