

Semones INDOOR POOL Schedule Effective 11/6/2023

Time/Days	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	5 am - 8:30 am 6 Lap Lanes	5 am - 6 am 6 Lap Lanes	5 am - 9 am 6 Lap Lanes	5 am - 6 am 6 Lap Lanes	5 am - 8:30 am 6 Lap Lanes	7 am - 8 am 6 Lap Lanes	
6:00 AM		6 am-7 am Masters Swim		6 am-7 am Masters Swim			
7:00 AM		7 am - 9 am 6 Lap Lanes		7 am - 8 am 6 Lap Lanes			
8:00 AM	8:30am-9:30am Aqua Fitness 1-2 Lap Lanes	9am-10am Aqua Fitness 1-2 Lap Lanes	9am-10am Aqua Fitness 1-2 Lap Lanes	8 am - 9 am Aqua Fitness 1-2 Lap Lanes	8:30am-9:30am Aqua Fitness 1-2 Lap Lanes	8 am - 10 am Aqua Fitness 1-2 Lap Lanes	
9:00 AM		10am-12pm 6 Lap Lanes	10am-12pm 6 Lap Lanes	9 am - 12 pm 6 Lap Lanes		9 am - 1230 pm Swim Lessons 1-2 Lap Lanes	
10:00 AM	12pm - 5 pm Closed	12pm - 5 pm Closed	12pm - 5 pm Closed	12pm - 5 pm Closed	12pm - 3 pm Closed	1230pm-530pm 6 Lap Lanes	1 pm - 530 pm 6 Lap Lanes
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM	5pm - 7:30pm Swim team/Swim Lessons 1-2 Lap Lanes	5pm - 7:30pm Swim team/Swim Lessons 1-2 Lap Lanes	5pm - 7:30pm Swim team/Swim Lessons 1-2 Lap Lanes	5pm - 7:30pm Swim team/Swim Lessons 1-2 Lap Lanes	3 pm - 7:30 pm 6 Lap Lanes		
3:00 PM							
5:00 PM							
6:00 PM	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes			
7:00 PM							
8:00 PM							
9:00 PM							

*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.