



JER Chilton YMCA at Rockwall RIPTIDES School Year Swim 2023-2024 Swim Team Information

The Riptides swim team is a year-round YMCA-only competitive swim team. Coaches strive to foster a LOVE for the sport of swimming while developing skills in kids that will last a lifetime. Swimmers ages 4-21 are welcome. Winter practice starts on January 3rd, 2024.

2023 LEAGUE REGISTRATION FEE = \$35 PER ATHLETE (expires 12/31/2023, nonrefundable)

League Registration is due in January for all Swimmers. New Swimmers pay with the first month's dues.

LEVEL	Member Monthly Rate	Non-Member Monthly Rate	CANCELLATION POLICY
Cub Swim	\$80	\$100	*30-day written notice to the Aquatics Director \$25 cancellation fee
White Group	\$80	\$100	
Red Group	\$90	\$110	
Orange Group	\$110	\$130	
Black Group	\$130	\$150	
Gold	\$140	\$160	
Home School	\$90	\$110	

***Financial Assistance is available and made possible through contributions made to our annual campaign.**

Riptides Swim Team Level Description

Cub Swim: Must be able to swim the length of the Learning L without assistance on the front and back. (This group is exempt from swim meets)

White: Swimmers must be able to swim 25 yards freestyle with side breathing and 25 yards on their backstroke.

Red: Swimmers must be able to swim 50 freestyle and backstroke without stopping. Must have a working knowledge of breaststroke kick and butterfly, diving of starting block, and be able to circle swim.

Red 2: Swimmers must be able to swim 100 freestyle and backstroke, legal breaststroke, butterfly kick, diving of starting block, and circle swim.

Orange: Swimmers must have four legal strokes and have competed in all. Understand intervals and be able to execute a flip turn.

Black: Swimmers must be at least ten years old, be able to complete 50 of each stroke in a swim meet, maintain intervals, have swum a 200 Free faster than 3:10, and be able to swim 2000—2500 yards in practice.

Gold: Swimmers must be able to swim all four strokes and 2800 -4000 yards in practice and maintain intervals.

Home School Swim: Swimmers must meet at least the requirements for the white group.

Please use this link [SWIM ASSESSMENT 2023-2024](#), to receive information on swim assessment dates. You may also email Head Swim Coach Alisha Garrett for more details or practice times at riptides@ymcadallas.org