

# MOODY FAMILY YMCA



## GYMNASIUM SCHEDULE

EFFECTIVE: December 2023 - February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Full Court 5:30-8:30am	Open Gym Full Court 5:30-8:30am	Open Gym Full Court 5:30-8:30am	Open Gym Full Court 5:30-8:30am	5:30-7am Men's league  7-8:30am Open Full Court	North Court 7am-1pm YMCA Basketball Programing	North Court 2-3:30pm Special Olympic Skills Training
North Court 8:30-4:30pm Rise Programming	North Court 8:30-4:30pm Rise Programming	North Court 8:30-4:30pm Rise Programming	North Court 8:30-4:30pm Rise Programming	North Court 8:30-4:30pm Rise Programming	South Court 7-12:30pm Open Gym	North Court 3:30-5pm Open Court
South Court 9:00-11:00am Open Court	South Court 11:00-12:00pm Instructional Pickleball	South Court 9:00-10:00am & 11:30am – 4:00pm Open Court	South Court 12:00-1:30PM Pickleball	South Court 9:00-11:00am Open Court	Full Court 12:30-6pm YMCA Basketball Programing	South Court 2-5pm Open Court
South Court 11:00am- 4:00pm Open Court	12:00-1:30pm Pickleball  1:45-6pm Open Court	South Court 10am-11am Low Impact Class  North Court 4pm-5:30pm Special Olympics	South Court 1:45-6pm Open Court	South Court 11:00am- 4:00pm Open Court		
North Court 4pm-9pm YMCA Basketball Programing	North Court 4pm-9pm YMCA Basketball Programing	North Court 5:30-9pm YMCA Basketball Programing	North Court 4pm-9pm YMCA Basketball Programing	North Court 4pm-8pm YMCA Basketball Programing		
South Court 4pm-9pm Open Gym	South Court 4pm-9pm Open Gym	South Court Open Gym 4-6pm Men's basketball 6:15-9pm	South Court 4pm-9pm Open Gym	South Court 4pm-8pm Open Gym		

Gymnasium closes 30 minutes prior to YMCA activities for set up. Schedule May Change due to Moody Family YMCA Program Needs. Only Water allowed in Gym. NO FOOD. The YMCA RESERVES THE RIGHT TO CHANGE SCHEDULE AS NEEDED.

