



# Moody YMCA – GYMNASIUM Schedule February 2024



## North Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Court 5:30 – 8:30am	Open Court 5:30 – 8:30am	Open Court 5:30 – 8:30am	Open Court 5:30 – 8:30am	5:30 – 7:00am Men's League	YMCA Basketball Programming 7:00am – 6:00pm	Special Olympics 2:00 – 3:30pm
				Open Court 7:00 – 8:30am		
Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm		Open Court 3:30 – 5:00pm
YMCA Basketball Programming 4:00 – 9:00pm	YMCA Basketball Programming 4:00 – 9:00pm	Open Court 4:00 – 5:30pm	YMCA Basketball Programming 4:00 – 9:00pm	YMCA Basketball Programming 4:00 – 8:00pm		
		YMCA Basketball Progammng 5:30 – 9:00pm				

## South Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Court 5:30 – 9:00pm	Open Court 5:30 – 11:00am	Open Court 5:30 – 10:00am	Open Court 5:30 – 12:00pm	5:30 – 7:00am Men's League	Open Court 7am – 12:30pm	Open Court 2:00 – 5:00pm
	Instructional Pickleball 11:00am – 12:00pm	Low Impact Gx Class 10:00am – 11:00am	Pickleball 12:00 – 1:30pm	7:00am – 8:00pm Open Gym	YMCA Basketball Programming 12:30 – 6:00pm	
	Pickleball 12:00 – 1:30pm	Open Court 11:00am – 4:00pm				
	Open Court 1:45 – 4:00pm	Special Olympics 4:00 – 5:30pm	Open Court 1:45 – 9:00pm			
	Special Olympics 4:00 – 5:30pm			Men's Basketball 6:15 – 9:00pm		
	Open Court 5:30 – 9:00pm					

**REMINDERS:** NO FOOD. Closed containers only. The YMCA reserves the right to change the schedule as needed.

Mission: To put Christian values into practice through programs, that build a healthy spirit, mind and body for all.