



Moody YMCA – GYMNASIUM Schedule

MARCH 2024



North Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Court 5:30 – 7:00am	Open Court 5:30 – 8:30am	Open Court 5:30 – 7:00am	Open Court 5:30 – 8:30am	Men's League 5:30 – 7:00am	Open Court 7:00 – 8:00am	Open Court 2:00 – 5:00pm
Pickleball 7:00 – 8:30am		Pickleball 7:00 – 8:30am		Open Court 7:00 – 8:30am	Childwatch Overflow *If needed* 8:00am – 1:00pm	
Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Rise Programmng 8:30am – 4:00pm	Open Court 1:00 – 6:00pm	
YMCA Volleyball Programing 4:00 – 9:00pm	YMCA Volleyball Programing 4:00 – 9:00pm	YMCA Volleyball Programing 4:00 – 9:00pm	YMCA Volleyball Programing 4:00 – 9:00pm	YMCA Volleyball Programing 4:00 – 9:00pm		

South Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Court 5:30 – 6:00am	Open Court 5:30 – 11:00am	Open Court 5:30 – 6:00am	Open Court 5:30 – 11:00am	Men's League 5:30 – 7:00am	Open Court 7:00am – 6:00pm	Special Olympics 1:00 – 2:30pm
Pickleball 6:00 – 7:30am		Instructional/Beginner Pickleball 11:00am – 12:00pm		Pickleball 6:00 – 7:30am		Pickleball 11:00am – 1:30pm
	Open Court 7:45 – 10:00am					
Open Court 7:45am – 9:00pm	Open Court 1:45 – 4:00pm	Low Impact Gx Class 10:00 – 11:00am	Open Court 1:45 – 9:00pm			
		Open Court 11:00am – 4:30pm				
		Special Olympics 4:00 – 5:00pm	Special Olympics 4:30 – 5:30pm			
Open Court 5:00 – 9:00pm	Open Court 5:00 – 9:00pm	Men's Basketball 6:15 – 9:00pm				

REMINDERS: NO FOOD. Closed containers only. The YMCA reserves the right to change the schedule as needed.

Mission: To put Christian values into practice through programs, that build a healthy spirit, mind and body for all.