

White Rock YMCA Summer Pool Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap
5AM-7AM Water Walking	5AM-7AM Lap Swim	5AM-7AM Water Walking	5AM-7AM Lap Swim	5AM-7AM Water Walking	5AM-7AM Lap Swim	5AM-7AM Water Walking	5AM-7AM Lap Swim	5AM-7AM Water Walking	5AM-7AM Lap Swim	7AM-9AM Water Walking	7AM-9AM Lap Swim	1PM-4:45PM Family Swim	1PM-4:45PM Lap Swim
7AM-9AM Swim Team No Lap Lanes		7AM-9AM Swim Team No Lap Lanes		7AM-9AM Swim Team No Lap Lanes		7AM-9AM Swim Team No Lap Lanes		7AM-9AM Swim Team No Lap Lanes		9AM-9:45AM Aqua Fitness	9AM-12PM Swim Lessons		
9AM-5PM Family Swim	9AM-12PM Swim Lessons	10AM-10:45AM Aqua Fitness	9AM-12PM Lap Swim	9AM-5PM Family Swim	9AM-12PM Swim Lessons	9AM-12PM Swim Lessons	9AM-5PM Lap Swim	9AM-2PM Family Swim	9AM-12PM Swim Lessons	9:45AM-12PM Swim Lessons			
	12PM-9PM Lap Swim	10:45AM-12PM Swim Lessons									12PM-1PM In-Service Pool Closed		
5PM-9PM Swim Lessons		1PM-9PM Family Swim	1PM-5PM Lap Swim		12PM-9PM Lap Swim	12PM-9PM Family Swim		2PM-4PM Day Camp Swim Pool Closed		4PM-7:45PM Family Swim	4PM-7:45PM Lap Swim	12PM-5:45PM Family Swim	12PM-5:45PM Lap Swim
	6:30PM-8:30PM Pool is available for private parties.												

Summer Pool Schedule, subject to change for special events and YMCA Programming. Call to check pool availability 214-328-3849

- Lap lane will be used for swim tests periodically throughout the day. A 5-minute Safety Break occurs every 2 hours beginning at 2:00pm. This is a good time to take children to the bathroom and reapply sunscreen.
- Pool usage may be altered to meet program needs.
- Aqua Fitness: MINDBODY RESERVATIONS REQUIRED.
- Look for posted signs describing schedule changes, especially during holidays. Follow us on social media for updates.
- Swim Tests are required for all youth swimmers - please visit the guard tent.

For more information email WRAquatics@ymcadallas.org or visit www.whiterockymca.org

Effective June 3rd, 2024