



JER Chilton YMCA at Rockwall

RIPTIDES

Summer 2024

Swim Team Information

Practice Schedule –Starting May 28th, 2024.

LEVEL		Days	TIMES	
White (1)		M/W/F	M/W 7:45 AM – 8:30 AM @ Chilton, F – 8:45 –9:15 AM (dive starts) @Chilton	
White (2)		T/TH/F	T/TH 7:45 AM – 8:30 AM @ PTAA, F - 8:45 –9:15 AM (dive starts) @Chilton	
Red (1)		T/TH/F	T/TH 7:45 AM – 8:45 AM @ Chilton, F - 8:45 –9:15 AM (dive starts) @Chilton	
Red (2)		M/W/F	M/W 7:45 – 8:45 AM @ PTAA, F - 8:45 –9:15 AM (dive starts) @ Chilton	
Orange		M – F	T/TH/F 7:45 – 8:45 AM @ Chilton M/W 7:30 – 8:45 @ PTAA	
Black		M- F	M/W/F 7:45 – 8:45 AM @ Chilton T-TH 7:30 – 8:45 @ PTAA	
Gold		M-F	6:15 AM – 7:45 AM @ Chilton	
Cub Swim	1/2	M/W - Chilton	7:45 – 8:15 AM or 8:15 – 8:45 AM	
	3/4	T/TH - Chilton	7:45 – 8:15 AM or 8:15 – 8:45 AM	

Groups will swim in the learning L

Summer Meet Schedule – 2024

Sunday – June 9th @ The Semones Family YMCA

Saturday – June 15th Split meet – Rockwall

Saturday – June 22nd Split meet – Lake Highlands or Ryan

Saturday & Sunday, July 6/7th @ The Semones Family YMCA – Summer Champs – Required Meet

Thursday – Sunday, July 18th – 21st, Lone Star @ LISD Westside Natatorium – Required for all qualified swimmers.

Fee Schedule Summer-only swimmers who swim in May will pay the first of 3 payments before June 1; then the remaining 2 drafts will be on June 15th and July 15th. These 3 payments include the option for 4 League meets in June. They can start attending swim practice on May 1st. Summer-only swimmers who choose to swim only in June and July will pay for their first month before June 15th, and then the final payment will be drafted on July 15th.

Parents are responsible for the meet fee at Summer Champs and Lone Star. You will use your YMCA CORE account to set up a monthly draft.

Failure to maintain payment will result in a loss of team participation. *Monthly draft may be stopped with 30 days' notice. The notice must be sent via email to riptides@ymcadallas.org.

***Financial Assistance is available and made possible through contributions made to our annual campaign.**

2023 LEAGUE REGISTRATION FEE = \$35 PER ATHLETE (expires 12/31/2023, nonrefundable)

League Registration is due in January for all Swimmers.

ENTRY FEES: League Champs = \$25 per athlete is due with meet entries prior to swimming at the meet. (non-refundable)

LEVEL	Member Monthly Rate	Non-Member Monthly Rate	CANCELLATION POLICY
Cub Swim	\$75	\$95	*30-day written notice to the Aquatics Director \$25 cancellation fee
White Group	\$75	\$95	
Red Group	\$90	\$110	
Orange Group	\$105	\$125	
Black Group	\$125	\$145	
Gold	\$135	\$155	

Riptides Swim Team Level Description

Cub Swim: Must be able to swim the length of the Learning L without assistance on stomach and back. (This group is exempt from swim meets)

White: Swimmers must be able to swim 25 yards freestyle with side breathing and 25 yards on their backstroke.

Red: Swimmers must be able to swim 50 freestyle and backstroke without stopping. Must have a working knowledge of breaststroke and butterfly, diving of starting block, and be able to circle swim.

Orange: Swimmers must have 4 legal strokes, be 9 years old, or be a 9-year-old, have swum a 100 IM in a meet in under 2:20 minutes, and be able to swim 1500 yards in practice.

Black: Swimmers must be at least 10 years old, be able to complete 50 of each stroke in a swim meet, maintain intervals, have swum a 200 Free faster than 3:10, and be able to swim 2000—2500 yards in practice.

Gold: Swimmer must be at least 11 years old, be able to swim 100 of each stroke in a swim meet, and maintain intervals set by the coach. Swimmers must be able to swim 2500 -3300 yards in a practice.

Please use this link [SWIM ASSESSMENT 2023-2024](#), to receive information on swim assessment dates. You may also email Head Swim Coach Alisha Garrett for more information at riptides@ymcadallas.org

Spring Schedule for anyone who can attend afternoon practice in May 2024

As of 2/26/24	Monday	Tuesday	Wednesday	Thursday	Friday
Cub Swim 1	4-430 Chilton	OFF	4-430 Chilton	OFF	OFF
Cub Swim 2	430-5 Chilton	OFF	430-5 Chilton	OFF	OFF
Cub Swim 3	OFF	4-430 Chilton	OFF	4-430 Chilton	OFF
Cub Swim 4	OFF	430-5 Chilton	OFF	430-5 Chilton	OFF
White	OFF	410-5 Chilton	OFF	410-5 Chilton	410-5 Chilton
Red	410-5 Chilton	OFF	410-5 Chilton	OFF	410-5 Chilton
Red 2	630-715 Chilton	630-715 Chilton	OFF	630-715 Chilton	OFF
Orange	4-5 Chilton	4-5 Chilton	4-5 Chilton	4-5 Chilton	4-5 Chilton
PTAA MS/HS	4 -530 PTAA	4 -530 PTAA	OFF	4 -530 PTAA	OFF
PTAA Elementary	4-5 PTAA	4-5 PTAA	OFF	4-5 PTAA	OFF
PTAA White/Cub	5-540 PTAA	5-540 PTAA	OFF	5-540 PTAA	OFF
Black	5-6 Chilton	5-6 Chilton	5-6 Chilton	5-6 Chilton	5-6 Chilton
Gold	5-630p Chilton	5-630 Chilton	5-630 Chilton	5-630 Chilton	5-630 Chilton