

# White Rock YMCA Summer Pool Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	
5PM-9PM Family Swim	5PM-9PM Lap Swim(4)	<b>Pool Closed</b>		5PM-9PM Family Swim	5PM-9PM Lap Swim(4)	<b>Pool Closed</b>		5PM-7:45PM Family Swim	5PM-7:45PM Lap Swim(4)	9AM-9:45AM Aqua Fitness	9:45AM-6PM Family Swim	9AM-6PM Lap Swim(4)	1PM-5PM Family Swim	1PM-5PM Lap Swim

**Summer Pool Schedule, subject to change for special events and YMCA Programming. Call to check pool availability 214-328-3849**

- Lap lane will be used for swim tests periodically throughout the day. A 5-minute Safety Break occurs every 2 hours beginning at 2:00pm. This is a good time to take children to the bathroom and reapply sunscreen.
- Aqua Fitness: MINDBODY RESERVATIONS REQUIRED.
- Look for posted signs describing schedule changes, especially during holidays. Follow us on social media for updates.
- Swim Tests are required for all youth swimmers - please visit the guard tent.
- Available lap lanes are noted in parentheses.

For more information email [WRAquatics@ymcadallas.org](mailto:WRAquatics@ymcadallas.org) or visit [www.whiterockymca.org](http://www.whiterockymca.org)

Effective August 12th, 2024