

Semones INDOOR POOL Schedule Effective 8/12/2024

Time/Days	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 AM	5 am - 3pm 6 Lap Lanes	5am - 8am Closed	5 am - 3pm 6 Lap Lanes	5am - 8am Closed	5 am - 12pm 6 Lap Lanes	7 am - 9am 6 Lap Lanes				
6:00 AM										
7:00 AM										
8:00 AM										
9:00 AM										
10:00 AM		8am-12pm 6 Lap Lanes		8am-12pm 6 Lap Lanes				8am-12pm 6 Lap Lanes	5 am - 12pm 6 Lap Lanes	9am - 12pm Swim Lessons 1-2 Lap Lanes
11:00 AM										
12:00 PM		12pm - 5 pm Closed		12pm - 5 pm Closed				12pm - 5 pm Closed	12pm - 4pm Closed	12pm-530pm 6 Lap Lanes
1:00 PM										
2:00 PM		3pm - 4pm Aqua Fitness 5-6 Lap Lanes		12pm - 5 pm Closed				3pm - 4pm Aqua Fitness 5-6 Lap Lanes	12pm - 5 pm Closed	12pm - 4pm Closed
3:00 PM										
4:00 PM	4 pm - 5pm 6 Lap Lanes	5pm - 7:15pm Swim Lessons 1-2 Lap Lanes	4 pm - 5pm 6 Lap Lanes	5pm - 7:15pm Swim Lessons 1-2 Lap Lanes	4 pm - 5pm 6 Lap Lanes	1 pm - 530 pm 6 Lap Lanes				
5:00 PM	5pm - 7:15pm Swim Lessons 1-2 Lap Lanes		5pm - 7:15pm Swim Lessons 1-2 Lap Lanes		5pm - 7:15pm Swim Lessons 1-2 Lap Lanes		4:30pm - 5:30pm Swim Team 2-3 Lap Lanes			
6:00 PM	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	5:30pm-7:30pm 6 Lap Lanes					
7:00 PM										
8:00 PM	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	730pm-830pm 6 Lap Lanes	5:30pm-7:30pm 6 Lap Lanes					
9:00 PM										

*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather. Join the remind, text @semonesaq3 to 81010