



# FIRST FRIDAY REPORT



A Monthly Update for Friends of  
**THE YMCA OF METROPOLITAN DALLAS**

PRESIDENT'S OFFICE  
601 N. Akard St.  
Dallas, TX 75201  
214-880-9622  
Fax 214-871-3014  
[www.ymcadallas.org](http://www.ymcadallas.org)

**SEPTEMBER 2017**

## Dear YMCA Friends,

Here are a few highlights of what's happening through your YMCA:

**Youth Development** For many years, JCPenney (JCP) has been an important partner of the YMCA both locally and nationally. They have supported the Y with financial donations, clothing for participants along with providing all levels of volunteers. Early this summer, Lyman King and Mekahlia Williams, participants in the Y-Achievers program took part in a high school internship program at JCP's corporate office in Plano. The two spent time in several different departments learning how each of them function, met the CEO



and developed a business plan for rolling out a new marketing campaign. This was a great experience and JCP is considering offering it at other sites around the country. The Y-Achievers program is a national college readiness program designed to help teens set and pursue high educational and career goals at no cost. Through academic support, career exploration and mentoring, the Achievers program helps teens raise their academic standards, develop a positive sense of self, build character, explore diverse college and career options, and meet and interact with professionals who serve as role models to inspire them to greater heights.



**Healthy Living** At the Y, sports and recreational activities are something special. Friendly competition (even with yourself), lots of variety and a supportive environment means team sports and recreation are fun again, and it makes for a healthier lifestyle and a good story or two. Whether you miss "suing up" or are new to team sports, the Y's sports leagues provide a perfect opportunity to be active, social and reconnect or start fresh with a sport you love. Basketball, soccer, tennis, and volleyball are just some of the options available to get you back on the court or on the field. Programs are available at several branches and you

can learn more at [www.ymcadallas.org/healthy\\_living/sports\\_recreation/adult\\_competitive\\_sports](http://www.ymcadallas.org/healthy_living/sports_recreation/adult_competitive_sports)



**Social Responsibility** The YMCA of Metropolitan Dallas Foundation supports the mission, programs and facilities of the Dallas Y. Operating as a separate entity with an independent Board of Directors, the Foundation provides over one million dollars annually to support the important work taking place through our branches and program sites. Foundation resources come from generous individuals and families that have designated a portion of their estates to the YMCA. The Y played an important role in their life for many years and the Foundation gives them the opportunity to continue that impact for years to come. If you are interested in learning more about the Foundation and how you could include the Y in your estate planning, contact Charlie Myer at 469 276 8456 or [cmyer@ymcadallas.org](mailto:cmyer@ymcadallas.org)

Thank you for your continued support.

In spirit, mind, and body,

Sincerely,

Curt Hazelbaker  
President and Chief Executive Officer



The mission of the YMCA is to put Christian values into practice through programs that build healthy spirit, mind and body for all.